

<u>Week One</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal 1	Pork Meatballs & Pasta in a Tomato Sauce <input type="checkbox"/>	Roast Beef, Yorkshire Pudding & Gravy <input type="checkbox"/>	Chicken Tikka Masala <input type="checkbox"/>	Roast Chicken Dinner <input type="checkbox"/>	Crispy Fish Goujons <input type="checkbox"/>
Main Meal 2	Salmon Fish Fingers <input type="checkbox"/>	Vegetable Ravioli <input type="checkbox"/>	Tomato & Mascarpone Pasta <input type="checkbox"/>	Tomato & Red Pepper Soup with Tuna Panini <input type="checkbox"/>	Margherita Pizza <input type="checkbox"/>
Cold Option	Sandwich with choice of filling	Sandwich with choice of filling	Sandwich with choice of filling	Sandwich with choice of filling	Sandwich with choice of filling
	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>
	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>
	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>
Cold Option	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling
	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>
	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>
	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>
Choice of Vegetables, Salads, Fruits & Desserts	Available Each Day	Available Each Day	Available Each Day	Available Each Day	Available Each Day
Milk and Water	Available Each Day	Available Each Day	Available Each Day	Available Each Day	Available Each Day

<u>Week Two</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal 1	Sausage Roll (Meat Free) <input type="checkbox"/>	Winter Chicken Casserole <input type="checkbox"/>	Meat & Potato Pie <input type="checkbox"/>	Roast Beef, Yorkshire Pudding & Gravy <input type="checkbox"/>	Harry Ramsden's Chip Shop Fish Fillet <input type="checkbox"/>
Main Meal 2	Tomato Pasta Bake <input type="checkbox"/>	Sausage & Mash <input type="checkbox"/>	Vegetable Lasagne <input type="checkbox"/>	Sausage Brunch <input type="checkbox"/>	Margherita Pizza <input type="checkbox"/>
Cold Option	Sandwich with choice of filling	Sandwich with choice of filling	Sandwich with choice of filling	Sandwich with choice of filling	Sandwich with choice of filling
	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>
	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>
	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>
Cold Option	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling
	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>
	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>
	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>
Choice of Vegetables, Salads, Fruits & Desserts	Available Each Day	Available Each Day	Available Each Day	Available Each Day	Available Each Day
Milk and Water	Available Each Day	Available Each Day	Available Each Day	Available Each Day	Available Each Day

<u>Week Three</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal 1	Pork Sausages & Onion Gravy <input type="checkbox"/>	Savoury Mince & Dumplings <input type="checkbox"/>	Lancashire Beef Burger in a Bun with Tomato Ketchup <input type="checkbox"/>	Roast Pork Loin with Stuffing & Gravy <input type="checkbox"/>	Birds Eye Omega 3 Fish Fingers <input type="checkbox"/>
Main Meal 2	Quorn Korma <input type="checkbox"/>	Vegetarian Sausage Casserole <input type="checkbox"/>	Cheese Lattice <input type="checkbox"/>	Quorn Meatball Sub Roll & Tomato Sauce <input type="checkbox"/>	Margherita Pizza <input type="checkbox"/>
Cold Option	Sandwich with choice of filling	Sandwich with choice of filling	Sandwich with choice of filling	Sandwich with choice of filling	Sandwich with choice of filling
	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>
	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>
	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>
Cold Option	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling
	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>	Beans <input type="checkbox"/>
	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>	Cheese <input type="checkbox"/>
	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>
Choice of Vegetables, Salads, Fruits & Desserts	Available Each Day	Available Each Day	Available Each Day	Available Each Day	Available Each Day
Milk and Water	Available Each Day	Available Each Day	Available Each Day	Available Each Day	Available Each Day